



# TRAVELING TOGETHER

in Lippe – Land des Hermann





## Welcome to Lippe

### Land des Hermann



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Geschäftsführer  
Lippe Tourismus & Marketing GmbH

**Dr. Axel Lehmann**  
Landrat Kreis Lippe

*Discover the beauty and diversity in Lippe, of the "Land des Hermann": from the Senne region at the southern end of the "Teutoburger Wald" up to the Weser River bend and from the Lippe mountains in the east to the flatlands and hills in the west. The "Hermannsdenkmal" monument and the "Externsteine" rock formation are the most well-known cultural and tourist highlights, though are by no means the only ones. The heights of the "Teutoburger Wald", "Eggegebirge" and "Weserbergland" appear like the spines of a green dragon's back. Dense beech and spruce forests, grass-covered valleys and unusual rock formations characterise this striking highland landscape.*

*Pay a visit to the numerous museums and additional cultural institutions and get acquainted with our Lippe and the region around it. The "LWL-Freilichtmuseum" Open-Air Museum and Regional Museum in Detmold "Landesmuseum" as well as the Westphalian Brickyard Industry Museum in Lage "LWL-Industrie Museum", Open-Air Archaeological Museum "Archäologisches Freilichtmuseum" in Oerlinghausen and the Weser Renaissance Museum "Weserrenaissance-Museum" in Brake Castle are popular day trip destinations. Discover the medieval lanes and buildings across the seven historical town centres and enjoy the cuisine offered up by our dedicated hosts.*

*Lippe is on its way to becoming a first-class hiking region officially recognised by the German Hiking Association "Wanderbares Deutschland Qualitätswanderregion". This label certifies hiking trails according to standards that apply all across Germany, bringing hikers multiple benefits: the quality of Lippe's trail network, for example, is analysed and improved on an ongoing basis. Relax on a hike, with or without bags, on the certified "Hermannshöhen, Hansaweg, Pivitker Wasserweg" or many other exciting trails.*

*What's more, "Land des Hermann" is perfect for cycling. Cycling routes that go on for kilometres await you in our region. The R1 European Bicycle Route is now 3,500 kilometres long and stretches from Calais to St Petersburg, passing through nine different countries. A 23-kilometre-long stretch of the R1 cuts through the Lippe region, on which you can cycle through wild, romantic Augustdorf, onto breathtaking Detmold and, finally, Holzhausen. The R1 meets the E1 European walking route at the "Externsteine" rock formation. Our region is also referred to as Germany's healing gardens "Heilgarten" thanks to our many spas and health resorts. You will find that there is much in "Land des Hermann" to explore and much that is waiting to be explored – including beyond the "Hermannsdenkmal" viewing platform.*

We look forward to seeing you!



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**Mehr Informationen zur Lippe  
Tourismus & Marketing  
GmbH finden Sie unter**



[www.land-des-hermann.de](http://www.land-des-hermann.de)



[walk-eu.de](http://walk-eu.de)



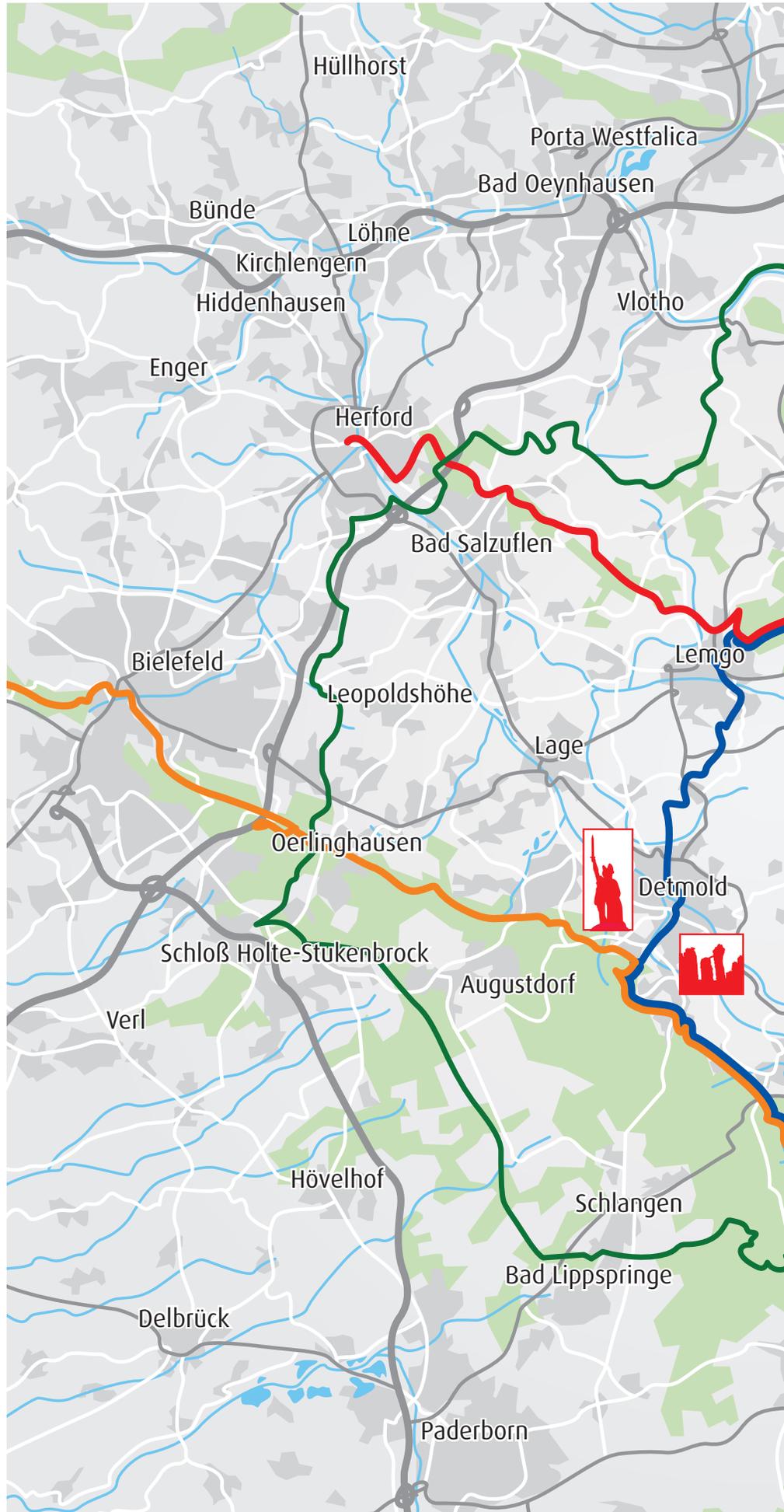
[www.wanderbares-deutschland.de](http://www.wanderbares-deutschland.de)

## Map of the Region



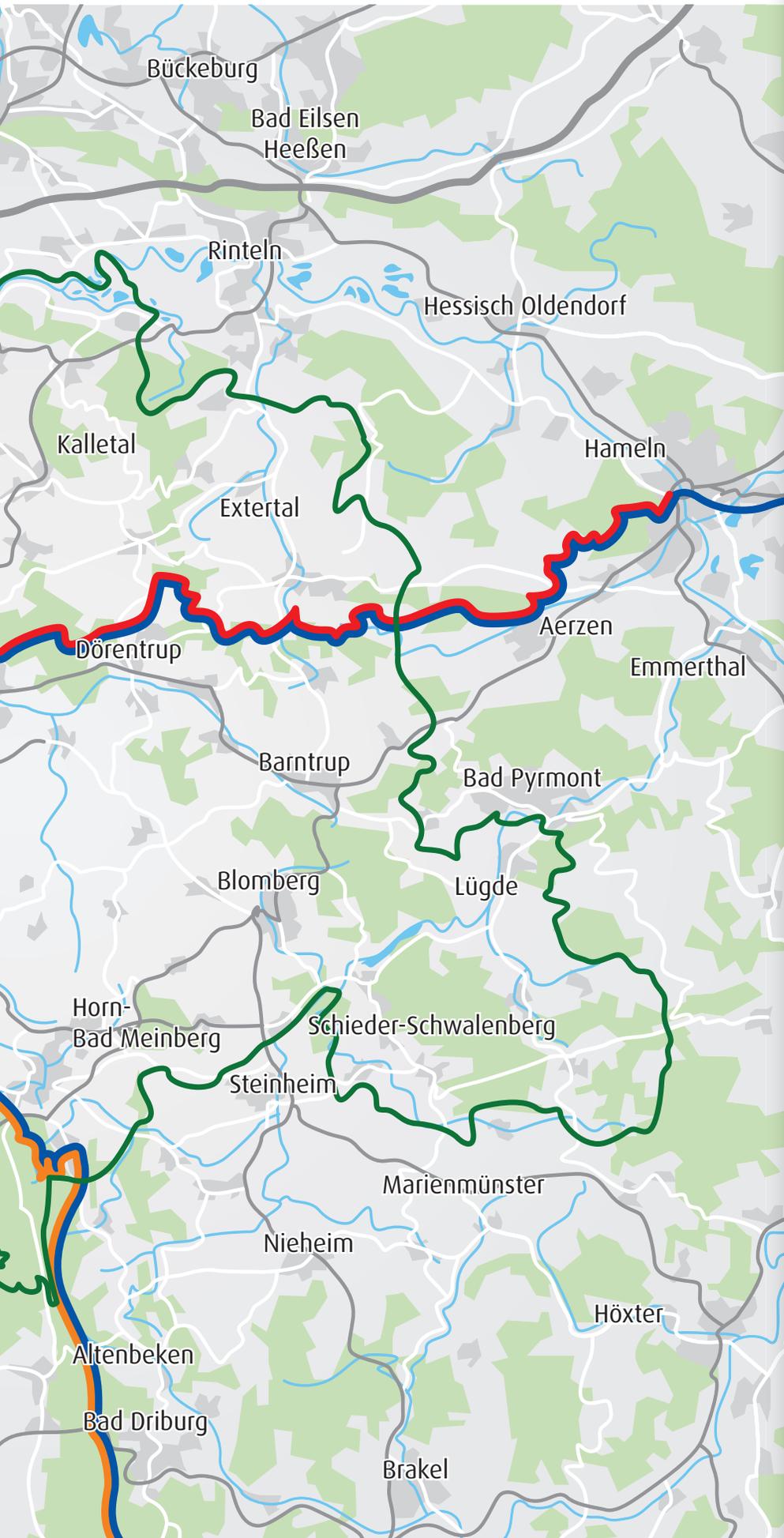
### Legend

-  District border
-  *Hansaweg*
-  *Hermannshöhen*
-  European long-distance path E1





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# Land des Hermann | Teutoburger Wald – A brand that means what it says

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At the time Christ was born, the area between Teutoburger Wald and the Weser was populated by the Cherusci people who successfully rose up against the Romans. In the year 9 AD, the Germanic tribes – led by Arminius, who later became known as Hermann the Cheruscan – defeated the Roman legions under Varus so dramatically that the Roman Empire withdrew from Germania to the furthest extent possible.

Hermann soon became a legendary figure and came to be seen as a founding figure of German history. Emperors and kings invoked his memory to support their sovereignty.

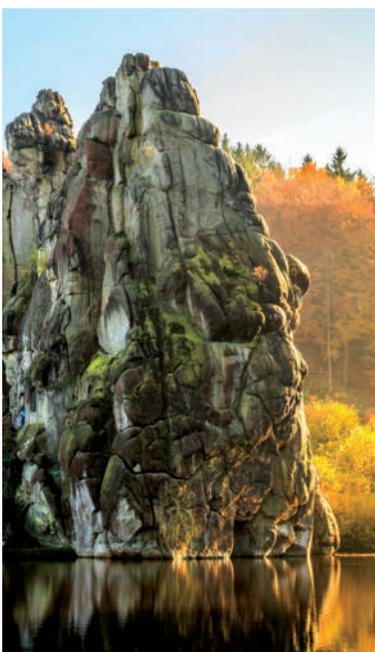


*From the living history of Lippe's country bear witness to numerous castles, and medieval city centers, waiting to be discovered by you.*



*One of many beautiful hiking areas in Lippe - the Hohe Asch near Extertal-Bösingfeld.*

*Among other things, the European long-distance hiking trail E1 and the Hansaweg run over the mountain summit.*



The Hermannsdenkmal, the region's landmark, has today become a symbol of peace and international understanding for us. In 2009, the monument was for the first time voted one of the top 15 most popular sights in Germany. A new brand, "Land des Hermann | Teutoburger Wald"®, was developed for tourism in the region in 2007 to draw on this recognition factor.

The exciting events of over 2,000 years of cultural history come to life in "Land des Hermann": In the eighth century, Charlemagne made this regional focal point of global politics through the Saxon Wars.

Germany's first kindergarten was established in the Principality of Lippe under Princess Pauline. 1918 saw the end of the principality era. As a "Free State", Lippe managed to survive World War II relatively unscathed. In 1947, Lippe was subsumed into the state of North Rhine-Westphalia. The rose of Lippe in the state's coat of arms is a tribute to Lippe's more than 800 years of independence.

When you take a journey into *Land des Hermann*, you notice how everything is natural and original, and you are bound to come across interesting events in many places. Countless hidden gems are waiting for you to discover them. This mountainous, lush region was predestined for hikes and bike rides rich with experiences. As a region for health and wellness, we take your well-being very seriously.

*Just like the Hermannsdenkmal, the Externsteine near Horn-Bad Meinberg are inextricably linked with Lippe and are well-known beyond the region's borders.*



## Augustdorf – Wild, romantic and authentic *Senne*

Community in the south-west of Lippe at the foot of the *Teutoburger Wald* (Forest) and in the heart of the *Senne* | approx. 10.000 residents

Senne and Augustdorf – an inextricable connection. From here you can take your pick of countless day trip options by foot or bike into the breathtakingly majestic landscape that leads up to the Hermann Heights (*Hermannshöhen*).

Enjoy the far-reaching views, blossoming heaths, fragrant pine forests, sound of barbecues and larks, deep gorges containing streams, the *Senne*'s dunes, semi-wild horses and beech-lined hills of the Teutoburger Forest.

Augustdorf was founded in 1775 by Simon August, Count of Lippe. The community occupies one of Europe's most prestigious landscapes. It is home to the *Senner* horse, one of Germany's oldest horse breeds. Today Augustdorf is a growing, family-friendly community with the youngest population in all of North Rhine-Westphalia.



### Tourist Information Augustdorf

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## Selected Hiking Tours

### Highlights in Augustdorf

- *Dörenschlucht* pass
- *Furlbachtal* conservation area
- GPS experience trail
- *Senne* major conservation project
- dunes (*Augustdorfer Dünenfeld*)
- environmental education centre *Senne*



#### **Dünenpfad Augustdorf** | 4,1 km

On the Dune Trail (*Dünenpfad*), around 4 km long, you can explore a conservation area of relevance to all of Europe.

It begins at the car park for the *Heidehaus* youth community's guest house in Augustdorf. Visitors are guided through the landscape by a navigation and information system:

Sandstone marks out the Dune Trail while a sign saying *Düne* (dune) points the way through the forest. Oak boards highlight the transition from one landscape to the next slice of scenery. Artistic installations emphasise specific, stand-out elements of the dune field, opening up views and turning the landscape as a whole into something that can be experienced.

Exciting information about plants, animals, the landscape and the history behind the dunes' creation is also available on smartphones and tablets in the form a "GPS experience trail".



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



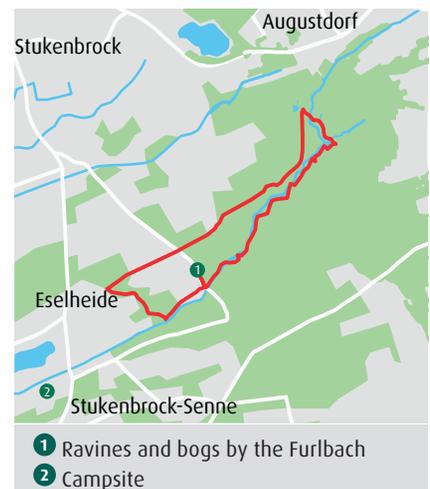
#### **Rundweg Augustdorf 0** | 20,0 km

This circular trail leads you through various conservation areas with different habitats.

The view from the *Sennerand/Löns* trails to the *Senne* (a name originating from "Sinedi", meaning old heath land) stretches across 60 km through to the *Rothaar* Mountains.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



#### **Wild and Romantic Furlbachtal - A3** | 7,5 km

The *Furlbach* is considered one of the most beautiful streams in the *Senne*.

This romantic hiking trail takes you through the conservation area and directly along the banks, above the banks at parts and at all times down winding trails through diverse forest.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)





## Bad Salzuflen –

### A crisp sea breeze in the centre of Germany

Town and public spa at the edge of *Teutoburger Wald* in Salze Valley | approx. 56.000 residents

Nestled in among the stimulating, woody and hilly landscape of the Teutoburger Wald, Bad Salzuflen provides the ideal setting for people seeking to relax and enjoy nature.

Famous for its healing saltwater springs, this historic, salt-producing town offers air and water as if from the sea. 600,000 litres of brine trickle daily through the striking graduation tower in the heart of the town to provide a fresh sea breeze.

Head out and discover the town's historic centre, enjoy the beauty of the spa's floral gardens, explore the "Landschaftsgarten" park and the neighbouring woods or visit one of our highlight events. Bad Salzuflen welcomes you warmly. The town has been known as an "allergy-friendly municipality" since August 2015.



**Tourist Information Bad Salzuflen**  
Staatsbad Salzuflen GmbH  
Tourist Information

Parkstrasse 20 | D-32105 Bad Salzuflen  
Fon: +49 (0)5222 183183

info@staatsbad-salzuflen.de  
www.staatsbad-salzuflen.de

## Selected Hiking Tours



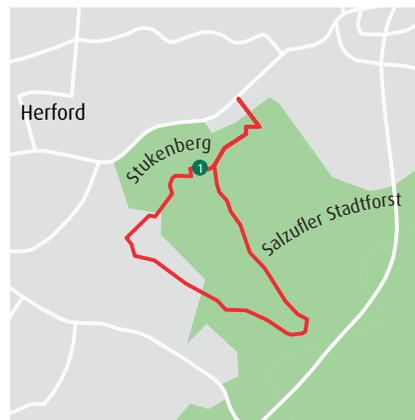
### On old trails | 13,2 km

A diverse trail to the Bismarck Tower (Bismarckturm)

A trail featuring mostly gentle slopes and sealed paths, though also with unsealed track and steep, uneven sections.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



### 1 Bismarck Tower (Bismarckturm)

### Ridgeway (Kammweg) through Stukenberg hills | 5,5 km

A nice, circular trail – including families

This trail is well-developed for the most part. It's perfect the whole year round for a leisurely walk. Part of the last third of the trail is exposed to sunlight, otherwise the trail passes mostly through deciduous forest.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)

## Highlights in Bad Salzuflen

- europe's most modern graduation tower experience (ErlebnisGradierwerk)
- Staatsbad Vitalzentrum and VitaSol Therme spas
- historic old town
- health and experience park
- allergy-friendly municipality



### From Schwaghofbachtal Valley into Salzetal Valley | 6,4 km

Discover the Bad Salzuflen Landschaftsgarten park and town forest.

This route – apart from a few short sections – lies in the shade and is a pleasant walk during the summer. During the winter months, there is a section around 1 km long that is exposed to the wind.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)

After a long walk, you can treat your feet to a little relaxation on the Kneipp barefoot path in the "Landschaftsgarten" park.





## Barntrup –

### A town with heart and a future

In a romantic location between the Weser hills region (*Weserbergland*) and *Teutoburger Wald* lies Barntrup. The attractive position of Barntrup's old town, on the hilly ridge above the Bega, and the extensive woods and meadows surrounding the town make Barntrup and its neighbourhoods a diverse area for relaxation.

The Renaissance castle in the town's west, the church in the heart of town and the old timber houses (*Fachwerkhäuser*) will make you want to slow down and take a stroll.

A well-developed network of hiking and cycling trails away from loud traffic; shadowed forest trails, pond systems and barbecue areas with protected huts ensure that casual leisure hikers as well as more athletic and ambitious hikers have their pleasure among nature and a fine landscape. In and around Barntrup there are multiple, inviting paths for discovering the highly varied landscape.

The Views Trail (*Weg der Blicke*) and Pilgrim Trail (*Pilgerweg*) lead past the Windmill Stump (*Windmühlenstumpf*) viewing tower, which offers a fantastic panorama view. The protestant church in Sonneborn, which was first written about in the 13th century, is particularly inviting for a moment's pause thanks to its wall and vault illustrations.

Good integration with regional routes and interregional, long-distance paths offer a number of different options for hiking, relaxing walks and day trips to numerous attractions in the majestic Lippe region.

## Selected Hiking Tours



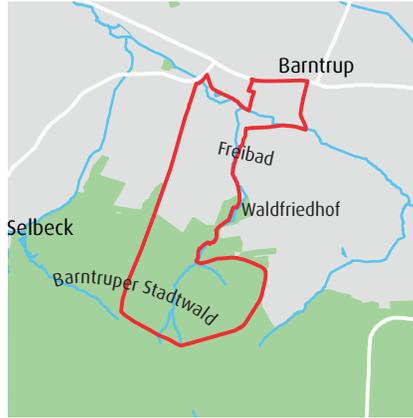
### Highlights in Bartrup

- Bartrup castle
- Museum of Local History (*Heimattmuseum Alverdissen*)
- viewing tower Saalberg (347 m, *Windmühlenstumpf*)
- Romanesque church in Sonneborn



#### Tourist Information Bartrup

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 info@bartrup.de | www.bartrup.de



There are currently 25 artworks/sculptures

#### Art trail (*Bartruper Kunstpfad*) | 6,3 km

One rewarding destination for hikers and art lovers is the Bartrup Art Trail (*Kunstpfad*) with upwards of 20 artworks installed at standout locations along the walking and hiking trails and in the town's park; they tell part of the history of the town of Bartrup.

Each work features written information saying something about the installation location and the artist and sponsor behind it.

The Art Trail is not a completed project – it's constantly being expanded with new installations.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



- 1 Bartrup Windmill Stump
- 2 Dwarf Anton Rock (*Zwerg-Anton-Stein*)

#### Zwerg-Anton-Tour | 11,3 km

The Dwarf Anton Tour (*Zwerg-Anton-Tour*) is situated south of Alverdissen in the highlands of Northern Lippe.

It leads through approximately 11 km of open yet hilly terrain, through spruce and beech woods, past striking spots with particularly diverse views of the landscape and through gentle valleys.

This hike begins at the car park for the outdoor pool in Alverdissen. A panorama view of the Teutoburg Forest, including the Hermannsdenkmal monument, awaits you at the top of the Bromberg hill. From the Windmill Stump viewing tower on the Saalberg mountain (330 m), you can view the entire Bega Valley out to Bielefeld and the Weser Uplands. On days with good visibility, your view even stretches out to the Brocken mountain peak in the Harz Mountains.

In spring, a sea of blossoms can be seen on the fruit trees in the Narrow Valley (*Schmalental*). There's a rock in "Helle" Street to commemorate Dwarf Anton, who gave this hiking trail its name



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



- 1 Ausblick auf Alverdissen

#### Badger trail (*Dachsweg*) | 6,3 km

The 6.3 km long Badger Trail (*Dachsweg*), with exemplary signposting in the form of a badger symbol, is a little bit demanding.

It passes through extended mixed forests and open terrain, across hills and valleys, offering beautiful views of Alverdissen and Bösingfeld throughout. Well-developed forest paths change into narrow trails to make for a diverse, contrastive hiking experience. Benches are provided for you to take an occasional rest.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



## Blomberg – Welcome to the Town of Carnations

Town in the Lippe highlands' south-east | approx. 15.500 residents

You can find one of Lippe's jewels, Blomberg, situated between the *Teutoburger Wald* and *Weserbergland*. Blomberg is an ideal starting point for hikers and cyclists, and, moreover, the Town of Carnations has lots to offer culturally.

Blomberg was the seat of Lippe's counts during the 12th and 13th centuries. Picturesque corners of this town have retained their romantic, medieval charm from this era. You can see this, for instance, in the town's historic castle, impressive town hall and mostly well-preserved town walls featuring the Lower Gate (*Niederntor*) – the only town gate in all of Lippe that has endured.

An extensive forest stretches around the town, offering charming hiking trails and romantic rest areas. One that is exceptionally popular is the Carnations Trail (*Nelkenweg*), which passes directly by Blomberg's vineyard.



**BLOMBERG**  
Die Nelkenstadt

Tourist Information Blomberg  
Blomberg Marketing e. V.

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info@blomberg-marketing.de  
www.blomberg-urlaub.de

## Selected Hiking Tours



### Highlights in Blomberg

- Historic town centre
- Medieval castle grounds
- Well-preserved town walls with viewing tower
- Marketplace with 16th-century town hall
- Only remaining town gate in Lippe
- Abbey church and St Martini's Tower
- Historic shoemaker's workshop
- Moated castle (in Reelkirchen)
- Carnations Trail (*Nelkenweg*) around Blomberg
- Charles Dickens Festival (in December)



#### Circular trail through the Blomberg Town Forest | 11,1 km

This hike begins in the old town of Blomberg, with an historic centre featuring quaint timber houses (*Fachwerkhaus*), a castle, town walls and the last surviving medieval town gate in Lippe – each making this place worth a trip.

Paths 5 and 6 take hikers on an approximately 11 km long trip along the Carnations Trail (*Nelkenweg*) through shadowed beech forests and past Schieder's Siekholz district (with accommodation), with lake views. They continue along a former railway route by the Diestelbach stream until you brush by the Borkhausen Airfield and finally come back to Blomberg.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



#### Blomberg from near and far (*Blomberg von nah und fern*) | 10,2 km

Experience the historic old town and enjoy nature together.

A family-friendly hike from Blomberg towards Hurn, passing through Holstenhöfen and Nassgrund before returning to the historic old town.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)

#### Carnations Trail (*Nelkenweg*) | 42,8 km



- 1 Mossenberg panorama
- 2 Blomberg castle and town gate
- 3 Borkhausen airfield

The Carnations Trail (*Nelkenweg*), at almost 43 km long, is a stimulating tour around Blomberg.

It offers hikers and walkers an opportunity for an expedition through the fantastic landscape surrounding Blomberg.

Choose the difficulty and distance you desire. Hikes commence at the car parks in town and by the circular trail. There are nine other paths leading to the Carnations Trail, like petals on a flower, guiding you from the historic old town to this delightful tour.

Blomberg is an attractive medieval town featuring nicely restored timber houses (*Fachwerkhaus*), a castle, town walls and the last remaining medieval town gate in Lippe, making it absolutely worth a visit.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



## Detmold –

### Cultural town in the *Teutoburger Wald*

Town in Lippe's centre | capital of the administrative district Detmold  
approx. 73.000 residents

This former seat of royal power is now a town of culture and nature. Detmold has made a name for itself as a cultural hub and is known outside the region's borders. The *Landestheater Detmold* theatre, *Hochschule für Musik Detmold* music academy, a diverse and rich cultural life and numerous attractions all contribute to this reputation. Another highlight has been created with the completion of the *Parklandschaft Friedrichstal* Gardens, which stretch from the town's historic centre to the island meadows by the open-air museum.

Situated in the *Naturpark Teutoburger Wald / Eggegebirge*, Detmold is also rewarding for lovers of nature thanks to the numerous hiking and cycling trails that criss-cross the town, including the *Hermannsweg* and *Römer-Lippe-Route* cycling trail.



#### Tourist Information Lippe & Detmold

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[tourist.info@detmold.de](mailto:tourist.info@detmold.de) | [www.detmold.de](http://www.detmold.de)

### Highlights in Detmold

- Historic old town
- Former royal palace in the park
- Lippe regional museum in Detmold (*Lippisches Landesmuseum*)
- *Palaisgarten* with heritage-listed tree population
- Palace gardens (*Parklandschaft Friedrichstal*)
- open-air museum (*LWL-Freilichtmuseum Detmold*)
- *Hermann monument* (*Hermannsdenkmal*)
- Climbing Park (*Teuto-Kletterpark*)
- Bird park (*Vogelpark Heiligenkirchen*)
- eagle park (*Adlerwarte Berlebeck*)



**Residenzweg | 57,2 km**

Enjoy nature and pause for a moment

On the 57 km long, three-section Trail (*Residenzweg*) around Detmold, hikers are bound to have impressive experiences which will linger in their memory.

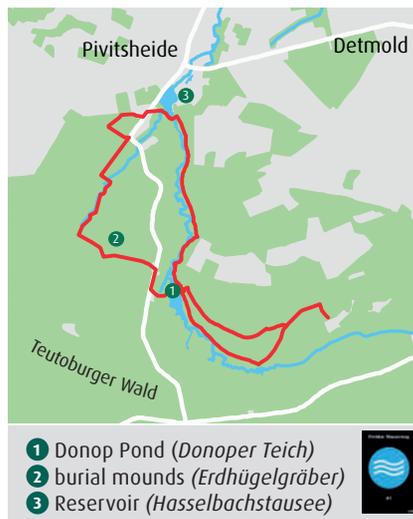
As you traverse a beautiful mixed forest and the rich, varied landscape of the Lippe highlands, you will pass by attractions such as the *Hermannsdenkmal* monument, *Meschesee*, altar stones in Forest *Leistrup Wald* and the Eagle park *Adlerwarte Berlebeck*.

Our advice is to split up the Trail *Residenzweg* into three sections. The first stretch – 21 km long – could end at the marketplace in Lage-Heiden before you go on to explore the second section up to Diestelbruch (19 km). The last section is around 17 km long.

To find out about suitable accommodation and rest points, please contact Tourist Information Lippe & Detmold +49 (0)5231 977328 or Lippe Tourismus & Marketing GmbH +49 (0)5231 627964.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



**Pivitker Wasserweg | 5,2 km**

This circular trail (*Pivitker Wasserweg*) meanders long stretches along the *Hasselbach* and connects three reservoirs called the *Donop Pond (Donoper Teich)*, *Hasselbach Reservoir (Hasselbachstausee)* and *Crab Lake (Krebsteich)* while also passing by the *Blue Lake (Blauer See)*.

The *Donoper Teich* and surrounding area were placed under conservation in April 1950, along with the Bog (*Hiddeser Bent*). By order of Count Simon VII, the pond was dammed to create a fish farm during the Thirty Years' War (1618 – 1648) and named after the Chamberlain of Donop. Thanks to the diversity and beauty of its landscape, the *Donoper Teich* counts as one of the most popular day trip destinations in Lippe.

Start & finish

Car park by the *Donoper Teich*. Travel there via public transport with the 701 bus from Detmold Station towards Pivitsheide, alighting at the *Freibad Schwarzenbrink* stop (*Hasselbach Reservoir/ Hasselbachstausee*).



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



**Hermann-Heidental-Route A2  
5,5 km**

This 5.5 km long, somewhat more challenging circular trail offers plenty of impressive vistas across landmarks such as the *Bielstein* radio mast and *Werre Valley (Werretal)*.

It is considered the most well-known day trip destination in Detmold and lies atop the *Grotenburg* mountain, which is 356 m tall. Since its inauguration 125 years ago, the *Hermannsdenkmal* monument has become one of the most significant travel destinations in Northern Germany. These days there are more than one million people who visit this monument every year. This circular trail takes you around the *Grotenburg* and up to 350 m above sea level.

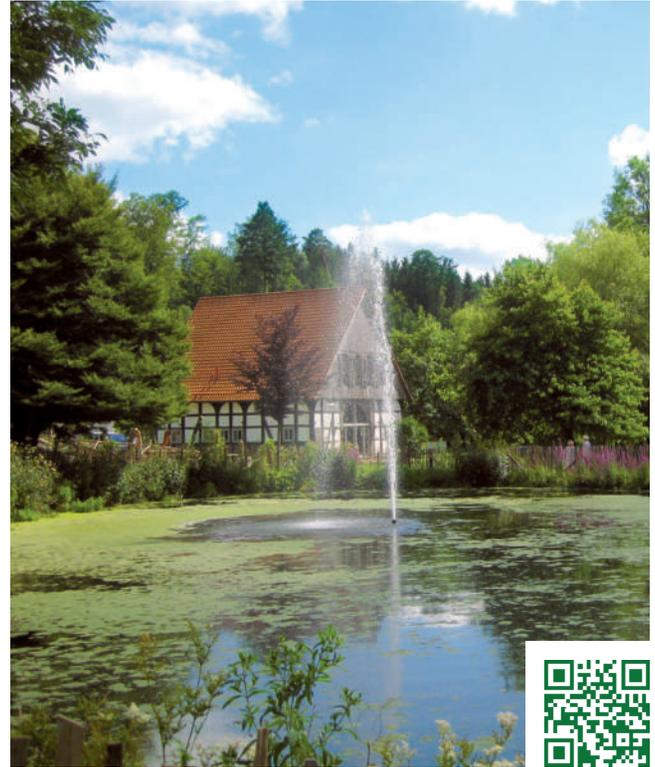
Start & Ziel

*Hermannsdenkmal* car park. At weekends between Easter and 1 November, you can travel here with nature park bus 792 on the tourist line from Detmold Station.

Address: *Grotenburg* 50, 32760 D-Detmold



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



## Dörentrup – the animals' village (*Das Dorf der Tiere*)

Dörentrup lies in the north of the Lippe region, in the *Naturpark Teutoburger Wald | Eggegebirge* between the Weser River and Teutoburger Forest.

Our small corner of Hermann's Country (*Land des Hermann*) punches above its weight and we invite you to explore it – even by yourself – on our Views Trail (*Weg der Blicke*), Hanseatic League Trail (*Hansaweg*) or one of our local circular trails. Learn more at [www.wanderregion-nordlippe.de](http://www.wanderregion-nordlippe.de)

The welcoming village of Schwelentrup is situated beneath Sternberg Castle, nestled among great forests characterised by mature beech and oak trees.

“Village, human and animal unity” is this community's motto, and is fitting given the special role that animals and nature play. Here you can experience old, endangered breeds of farm animals.

Learn more at [www.das-dorf-der-tiere.de](http://www.das-dorf-der-tiere.de)

The Schloss & Gut Wendlinghausen castle and estate is gifted with unique architecture, making it one of the most stunning buildings in Weser Renaissance style.

Enjoy an idyllic rural retreat and experience nature in a stimulating landscape on farms, in friendly, rural hotels or in comfortable holiday residences with fantastic hospitality. Our hoteliers also welcome dogs as guests.

**Dörentrup!**  
dynamisch.  
tierisch.gut.

### Tourist Information Dörentrup

Poststraße 11 | D-32694 Dörentrup  
Fon.: +49 (0)5265 739-0  
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[www.das-dorf-der-tiere.de](http://www.das-dorf-der-tiere.de)

## Selected Hiking Tours



### Highlights in Dörentrup

- castle & estate  
Schloss & Gut Wendlinghausen
- Alt-Sternberg hill fort ruins from 9th – 11th centuries
- Relocated barn from 1664 and Schwelentrup Spa Gardens
- Steinberg conservation area viewing point
- Wildlife watching platform
- Innovations Centre for Electric Vehicles and Renewable Energies in Rural Areas



1 Spa Park Schwelentrup

#### Lap around Pottkuhle Lake | 4,3 km

This circular trail leads through the Pottkuhle Lake landscape park.

The Pottkuhle Lake is 3 ha large and was created out of a former clay pit. Since then it has become an ecologically valuable habitat with a lot of rest and recreation to offer. The trail features barely any slope and is made up of easily accessible gravel paths navigating around the small lake. They each provide multiple beautiful views of the watery landscape, consistently enriched with fauna including ducks, geese or fish. Benches are provided for your rest and relaxation. The path along the Mühlingbach stream also offers stimulating scenery.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



1 castle Wendlinghausen

#### Lap around Lühberg | 8,4 km

Schloss Wendlinghausen - Innovationszentrum Dörentrup - NaTourEnergie

The 8.4 kilometer circular trail leads through the woods and meadows around the Lühberg. Quiet forest passages alternate with promising trails, which provide wonderful panoramic views of the Lipperland.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



1 burial mounds 2 Steinberg  
3 castle Sternberg

#### Schelentrup Heights Trail (Schwelentruper Höhenweg) | 8,9 km

The Schwelentrup Heights Trail (Schwelentruper Höhenweg) takes you to the Steinberg mountain, home to a former rocket station at an elevation of 396 m, via idyllic, narrow passes.

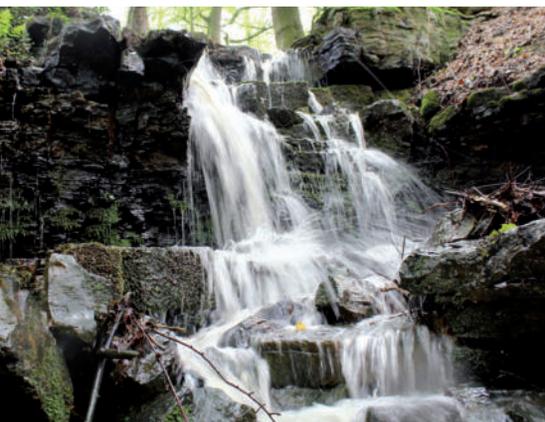
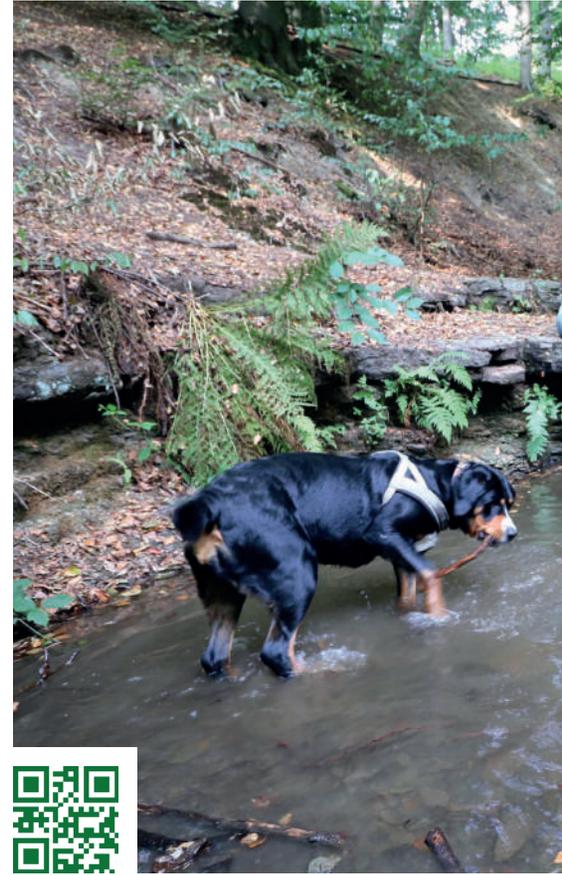
The Old Sternberg Rampart (*Wallanlage Alt-Sternberg*) is located on this trail. As you could probably guess based on this almost 9 km trail's name, it climbs up relatively high, including up to the highest point of Dörentrup Municipality, the Steinberg mountain.

The highly varied hiking trail with rich views leads through the village of Schwelentrup along an old postal route, past the village's oldest house and the Blunt Oak (*stumpfe Eiche*) Krusfeld's landmark.

The trail also guides hikers through fields and meadows as well as forested areas, all the way up the Steinberg mountain, home to an old and now renaturated military base. From here you can enjoy an amazing 360 view – with a bit of luck, you even see out to the Hermannsdenkmal and Emperor Wilhelm monuments.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



## Extertal –

### Pleasant relaxation and rich experiences

**Large municipality in Northern Lippe between the Weser and Teutoburger Wald | approx. 12.000 residents**

If you are seeking to relax in nature while on holiday, you will find the perfect location here in Extertal. Our highly varied, compact region of gorgeous, panoramic mountains, narrow ravines, whispering forests, colourful grasslands and well-laid out meadows promises you sheer enjoyment of nature and hiking. Reliable signposting and trails leading through stimulating landscapes are a given here.

Our seven themed trails bring our local history and nature to life thanks to numerous information boards – a special touch so you can enjoy your hike even more. This goes for families with small children too. The Godparents' Climb (*Patensteig*) and Quack Walk (*Schnattergang*), also known as the Mystical Creatures Trail (*Wundersame Wesen Weg*), enjoy great popularity among kids.

Our community has a long tradition of hospitality. Hotels, guest houses, holiday apartments and holiday houses meet anyone's needs. Extertal welcomes "man's best friend" too.

The historic tourist train and handcar on the old Extertal railway alignment offer a particularly exceptional travel experience.

Rewarding destinations for tourists include the Panorama Experience Tower on the Hohe Asch mountain, the viewing platform on the Steinberg mountain and, for those interested in history, the Sternberg Music Castle (Musikburg) or Uffoburg Ramparts (Wallanlagen).

## Selected Hiking Tours



### Highlights in Extertal

- Music Castle (*Musikburg Sternberg*)
- Panorama Experience Tower *Hohe Asch*
- Uffoburg | medieval rampart with the legendary (*Schlrosseiche*)
- Waterfalls in Extertal



#### Tourist-Information Extertal Marketing Extertal e.V.

Mittelstraße 10,12 | D-32699 Extertal  
Fon.: +49 (0)5262 - 996824

marketing-extertal@t-online.de  
www.marketing-extertal.com



- 1 Ghost's Grave
- 2 Carlotta's Spot
- 3 Dragon Pond
- 4 Three Siblings' Cot

#### Quack Walk (*Schnattergang*) | 5,0 km

The Quack Walk (*Schnattergang*), also known and adored as the *Mystical Creatures Trail (Wundersame Wesen Weg)*, is 5 km long and well-marked with colourful, artistic signposts.

There are many mystical creatures such as (*Wachdrach Theobald*) and (*Kampfhörnchen Riku*) that line the trail. A special and very popular offer for children is "The Quack Walk Treasure" (*Der Schatz des Schnattergang*), a riddle with many challenges that must be solved during the hike. Signs along the trail give hikers information about historical facts (e.g. *Geistergrab der Weißen Frau*) and mystical creatures (such as *Buchentroll Töddl* and *Fimfinella* the Forest Elf). For the most part, the trail is made up of tracks and paths passing through forest and field. A particularly attractive little spot is the "Three Siblings' Cot" (*Drei-Geschwister-Liege*), which offers a fantastic view out to the Ith. You can see that this trail is perfect for a hike full of communication and relaxation.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



- 1 picnic area *Siekbachtal*
- 2 *Hexenstein*
- 3 *Rickbach-cascades*
- 4 Big waterfall

#### Patensteig | 6,4 km

The *Patensteig* is a solid six kilometres long and is one of the most popular hiking trails in the region, connecting three of the four great waterfalls of Extertal along tracks that are occasionally narrow with numerous steps. The trail leads through wild, romantic gorges and makes for sheer, natural adventure.

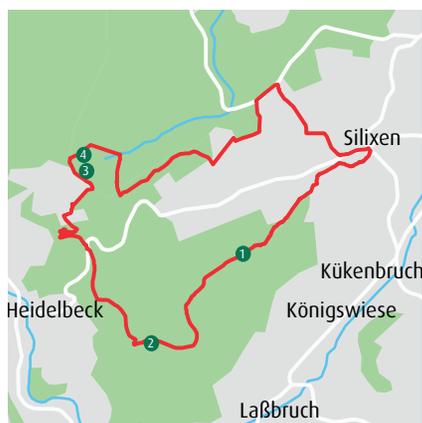
The waterfalls and countless boulders still impressively bear testament to the Ice Age even today. This trail was designed as a path through natural history. Approximately 20 information signs explain historical events and facts dating back to early history, bringing local history to life.

Lovers of nature and hiking are rewarded richly for their effort overcoming this circular trail – no matter what season. However, the streams carry increasingly less water during the summer months. There's one thing that hikers should always note: the name *Patensteig* is not for nothing – it involves a climb in a few sections. Make sure to tread carefully.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)

#### Wilddiebsroute (certified) 8 km und 12 km



- 1 king's pine
- 2 Potsdam place
- 3 family area
- 4 border hut (*Zweiländer-Hütte*)

The *Poachers' Route (Wilddiebsroute)* is a hiking trail certified as high quality and follows the tracks of the *Silixen Poachers and Wood Thieves*, who 100 years ago satisfied their need for meat and timber – not completely lawfully – by poaching and stealing wood.

Silixen was considered a hotbed for this activity. Its trail awaits you with two different options (8 and 12 km respectively). Over 20 information signs share much about the local history with interested hikers. The path also passes by the "King's Pine" (*Königskiefer*) – the most stunning example of its species in Lippe's forests – as well as old World War II trenches and centuries-old border stones. As you can see, there is much to discover.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



## Horn-Bad Meinberg – Natural. Healthy. Full of life. (*Natürlich. Gesund. Leben.*)

Where holiday meets health.

The Externsteine (EKS-tern-shtei-neh) rocks, part of a 40 m high rock formation, have for 80 million years been a portal to the Teutoburger Wald on the former imperial road between the Rhine and Oder rivers. Horn received its town privileges in 1248 and, in 1767, the Princely House of Lippe founded what are today the historic Bad Meinberg healing mineral and peat pulp baths.

Conventional medicine meets natural healing. Natural, healing peat pulp, mineral water and carbonic acid alongside Europe's largest yoga facility and traditional Chinese medicine make the Staatsbad Meinberg public spa unique.

In the *Teutoburger Wald | Eggegebirge Naturpark*, the wandering star of the Hermann Heights (*Hermannshöhen*) illuminates above the Holzhausen-Externsteine health resort, where you can dive into a triad of yoga, peat and the Externsteine.

Horn   
Bad Meinberg  
Natürlich. Gesund. Leben.

**Tourist Information Horn-  
Bad Meinberg** | GesUndTourismus  
Horn-Bad Meinberg GmbH

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Fon.: +49 (0)5234 205970  
Fax: +49 (0)5234 2059729  
info@hornbadmeinberg.de  
www.hornbadmeinberg.de

## Selected Hiking Tours



### Highlights in Horn-Bad Meinberg

- Castle Horn
- Externsteine with relief of deposition of Christ (*Kreuzabnehmerelief*)
- Historic town centre of Horn with manor museum
- Historic Bad Meinberg spa gardens with spa theatre
- Meinberg's moor mile (*Moormeile*)
- Europe's largest yoga centre
- (*Silberbachtal*) valley
- *Lippische Velmerstot* (441 m)
- *Preußischer Velmerstot* (464 m)
- *Norderteich* conservation area



1 moor pipeline 2 Simon-August-monument 3 Kaiser-Wilhelm-monument

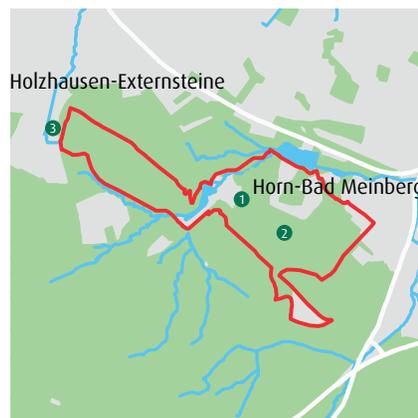
#### Meinberg's moor mile (*Moormeile*) | 3,8 km

The history of Bad Meinberg is closely intertwined with healing sulphuric moor, which has been harvested at the edge of the public spa for medical uses since as early as 1820. Learn more about this peatland and sustainable reconstruction of worth protecting moor habitats.

The Peatland Mile (*Moormeile*) offers a fascinating landscape and an oasis of tranquillity. On the path with the blue "V" for Vital Hiking World (*VitalWanderWelt*), you will find a small, circular trail which passes through the meadows and fields of this exceptional area. There are special tours to allow you access to the former peat harvesting site.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



1 Externsteine 2 Knickenhagen 3 Bärenstein

#### Bärensteinroute | 6,4 km

The "*Bärensteinroute*" is approximately 6.4 km long and on 16 August 2018 was officially recognised by the German Hiking Association as a *Qualitätswanderweg* – a high-quality trail – for "enjoying nature" (*naturvergnügen*) at the German Hiking Day (118. *Deutschen Wandertag*) event.

This 6.4 km high-quality trail is suited to hikers who have an affiliation with nature and wish to experience a natural landscape and all of its facets. The 127 ha conservation areas surrounding the Externsteine offer a variety of natural attractions with constant variety.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



1 Eggeturm tower 2 Lippische Velmerstot hill 3 Bielstein Cave with hatch hole

#### KlimaErlebnisRoute Velmerstot | 17,8 km

The Velmerstot Climate Experience Route (*KlimaErlebnisRoute*) is a good 17 km long, and on it you will learn a lot about the impact of weather, climate and air quality on your body.

We can give you a few suggestions on the side for your own physical experience. Another of our emphases is climate change and its consequences for nature, land use and humans. We show you developments in the landscape which show you how we are already responding to climate change. Here you can learn, among other things, how the climate conditions of historical times are still reflected in today's landscape and the way in which contemporary climate conditions influence fauna and flora as well as humans. You can expect to hear about how the landscape of the nature park is anticipated to change based on current climate change.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



## Kalletal – Northern Lippe’s highlands by the Weser

The municipality of Kalletal, population approximately 14.000, is nestled in the gentle, hilly landscape of the highlands of Northern Lippe, right at the top of the region. The 16 districts within the community span around 112 km<sup>2</sup> and offer a diverse array of options for relaxation and recreation.

Worth your visit is the Dutch Windmill (*Holländerwindmühle*) in Bentorf, built in 1889 and the only windmill still in operation in the Lippe region. On certain days it opens its doors to the public, letting you take a look inside and, weather depending, watch the historical grinding process as the windmill’s blades rotate around.

In the north, right on the Weser, cyclists can enjoy a charming tour on an alternative route to the Weser Cyclist Trail (*Weser-Radweg*). Moving along the Weser villages, there is a cable ferry in Varenholz which gives you the option of bringing your bike over to the opposite bank of the Weser. Nature lovers and hikers are also well-accommodated in Kalletal thanks to a highly varied range of hiking trails.



**Tourist Information Kalletal**  
Corves Mühle

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Fon.: +49 (0)5264 644-130

info@kalletal.de | www.kalletal.de

## Selected Hiking Tours



### Highlights in Kalletal

- Historic windmills and watermills
- castle Varenholz
- Varenholz/Veltheim cable ferry across the Weser
- Alternative route for the cycle trail (*Weser-Radweg*)
- viewing point Taller gnome (*Taller Wichtel*)
- Naturschutzgebiet am Teimer in Bavenhausen



1 Bavenhausen windmill

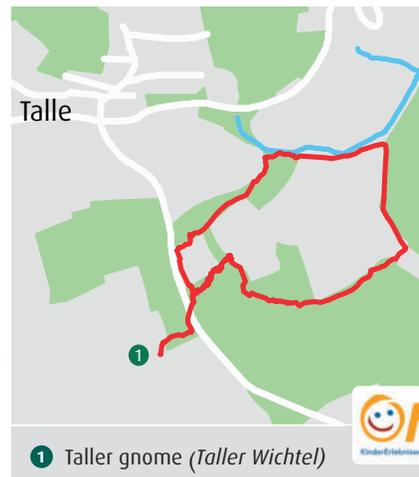
#### Waldfreundeweg | 5,0 km

This "forest friend trail" has child-friendly information stations for different educational topics connected to the environment.

This trail also connects local restaurants and venues, first passing the Nature Park-School (*Naturpark*) *Am Teimer* and then continuing through the conservation area with a beautiful woodruff beech forest. Further along the edge of the forest, you get a fantastic view of the Bavenhausen windmill at which will be reached later and invites you to take a break.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



1 Taller gnome (*Taller Wichtel*)

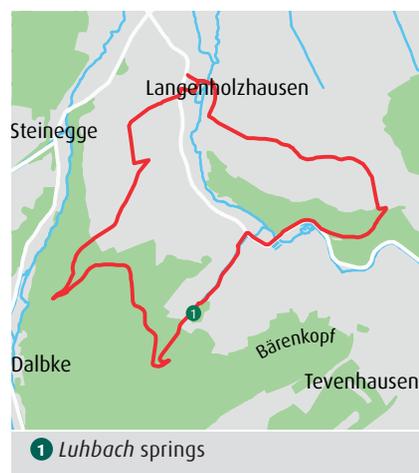
#### GPS-Pfad (*Wichtelsteig*) | 2,5 km

Explore the forest by smartphone.

There is a new, virtual educational trail in Osterhagen with multiple quiz stops. The *Wichtelsteig* combines natural experiences with modern technology to appeal in particular to young people and families with children. Heading up and down across the woods, this trail is an exciting challenge and a genuine experience of nature. It begins at the gravel car park for hikers on the street "Im Hagen", Kalletal, Osterhagen, at the foot of the *Taller Wichtel*.



Find your route online:  
<http://kindererlebniswelt.gim.guide>



1 Luhbach springs

#### Luhbachweg Trail | 8,8 km

This trail begins at the car park for the Willer shoe shop in Langenholzhausen. All throughout the trail you will come across fine lookouts with views of Porta Westfalica. Following the markings of a white "L" on black ground, some of the areas you pass through are conservation areas. One special highlight on this trail is the spring for the Luhbach, which is full of transparent water and geologically significant boulders from the Ice Age.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)





## Lage –

### In the middle of it and with lots of culture and nature all around

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**Town in the centre of Lippe | approx. 38.000 residents**

Lage lies right in the middle of Lippe, in the centre of ancient trading routes. This active town is surrounded by traditional agriculture and gorgeous villages.

Closely connected with Lage was the brick production. The brick houses and the Ziegler Fountain, which developed with the flourishing of this craft around 1845, keep this tradition as lively as the LWL-industrial museum Ziegelei Lage. (*LWL-Industriemuseum Ziegelei Lage*).

Lage also has an impressive amount to offer with its landscape. The wide, slightly wavy, cultivated landscape invites you to take a hike on the Hermann Trail (*Hermannsweg*) or a bike ride along the Werre. The (*Johannissteine*) boulders are a unique natural and cultural monument.

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#### **Tourist Information Lage**

Lage-Hörste Tourist Office (Verkehrsamt)  
Freibadstraße 3 | D-32791 Lage-Hörste

Fon.: +49 (0)5232 8193

Fax: +49 (0)5232 89531

[verkehrsamt@lage.de](mailto:verkehrsamt@lage.de) | [www.lage.de](http://www.lage.de)

## Selected Hiking Tours



### Highlights in Lage

- Kirchdorf Heiden (church village)
- Johannissteine (natural monument)
- castle Iggenhausen
- Senne Border Trail (*Senne-Randweg*)
- LWL-Industrial Museum  
(*LWL-Industriemuseum Ziegelei Lage*)
- Cultural Centre Technikum
- *Wilhelmsburg* castle
- community centre  
am Clara-Ernst-Platz



- 1 Church Stapelage
- 2 Hörster Egge rise
- 3 Fossil grounds

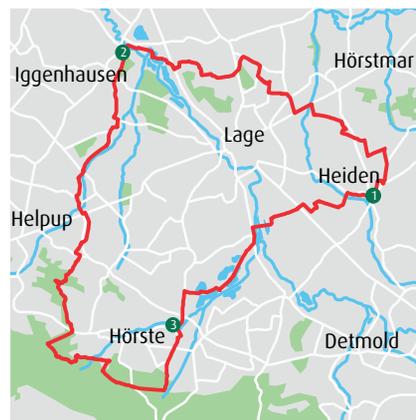
### Historical Hiking Trail (*Historischer Wanderweg*) | 8,0 km

The mission behind the *Historischer Wanderweg* in Lage-Hörste is to make the history of Hörste accessible for laymen with an interest in the area.

You can see this, for example, on Hörste's farms. The *Historischer Wanderweg* connects the three former farming communities of Stapelage, Hörste and Hiddentrup.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



- 1 Heiden village church
- 2 Carstle Iggenhausen
- 3 Germanic rock formation

### Coat of Arms Trail (*Wappenweg*) 36,7 km

The Coat of Arms Trail (*Wappenweg*) takes you around Lage and is approximately 37 km long.

Starting at Lage Station or in the middle of town, you can access this trail via the road *Eichenallee* and the Lage Forest (*Lagenser Wald*) nearby the *Wilhelmsburg* castle on Lönsweg. You can also access the trail via the street *Stauffenbergstraße* and pedestrian/cycle track to the old *Junghärtchen* restaurant on the street *Pivitsheider Straße* (see the *Zubringerweg Wappenweg*, meaning Path to Coat of Arms Trail *Wappenweg*).



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



- 1 Breites Feld
- 2 Rethlager springs
- 3 Farm Brinkmann

### Family Hike (*Familienwanderung*) Lage-Hörste | 11,8 km

A trail around Hörste with multiple access points and playgrounds for children.

The trail starts out passing through the Hörster Egge rise and on towards Stapelage. You then return to the origin via the Hermann Trail (*Hermannsweg*). On the way you enjoy repeated, stunning views towards Lage on the one side and of the Teutoburg Forest on the other.



Die Route im Internet:  
[www.outdooractive.com](http://www.outdooractive.com)





## Lemgo – An old Hanseatic town with living tradition

Town in the centre of Lippe | approx. 44.000 residents

Come visit the historic Hanseatic town of Lemgo. More than 825 years of town history awaits you here. The extremely well-preserved, medieval town centre with richly decorated and beautiful stone and timber houses (*Fachwerkhaus*) from the late Gothic and Renaissance eras makes a distinctive mark on the town's image.

There is much to discover – you can get to know the town more deeply on a guided tour. Experience the diversity and hospitality of Lemgo as well as culture and nature to help you relax and enjoy.

Lemgo has lots to offer by way of sport too: the national league-level players in the TBV Lemgo handball club regularly fill every last seat of the PHOENIX CONTACT arnea during home games.



**Tourist Information Lemgo**  
Lemgo Marketing e.V.

Kramerstraße 1 | D32657 Lemgo  
Tel.: +49 (0)5261 98870  
Fax: +49 (0)5261 988728

info@lemgo-marketing.de  
www.lemgo.de

## Selected Hiking Tours



### Highlights in Lemgo

- Marketplace with town hall
- Museum Witch Mayor House (*Hexenbürgermeisterhaus*)
- Museum Junker House (*Junkerhaus*)
- Weserrenaissance-Museum
- Castle Brake
- Shopping town and event restaurants



- 1 Biesterberg rise 2 Spiegelberg hill  
3 riding stables Rieperturm

### Ponds (*Försterteiche*) und Staffpark / Lemgoer Mark Forest | 4,9 km

riverside forest – wild boar reserve – ponds (*Försterteiche*) – Staffpark – Landwehr wall

We start our hike at the *Unterden Eichen* car park and follow the trail towards West: we soon reach a floodplain forest which we partly cross on boardwalks at certain points. The boards may be very slippery if there is wet weather! Later we pass a wild boar reserve and make our way to the *Försterteiche*. The rest of the trail leads through heavily sheltered woods and we hope to see a deer or two in the game reserve. There is an old military trail (*Landwehrweg "L"*) once used by medieval armies who protected the *Lemgoer Mark* forest from bandits up until the Thirty Years' War. We follow it and pass a guest house. Soon we turn right and head downhill towards town. Here we reach the Staffpark, an oasis of wild flowers decorated with art. Heading uphill now, we return to our origin.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



- 1 Castle Brake 2 Biesterberg mountain

### A3 - Off To Windelstein / Lemgoer Mark Forest | 6,4 km

The remains of Landwehr wall emphasise the forest's historical importance during the Middle Ages.



- 1 View on *Matorf*

### Much forest around the *Aussichtsturm* / Lemgoer Mark Forest | 5,5 km

deer park - ponds (*Försterteiche*) - Staffpark - Observation tower - Landwehr wall

If you enjoy the peace of the forest, its fresh colours and fragrance, you will be able to indulge here. This trail passes through bright deciduous forest and dark coniferous forest, alternating between rough and smooth. However, if the weather permits it, hikers can experience a view northwards out to *Porta Westfalica* (only in winter). If you otherwise miss the chance to see deer, you can encounter them in a forest or clearing setting in the animal enclosure on the *Langenfelder Weg*. The return trip follows the *Landwehrweg "L"* and *Hanseatic Trail* (*Hansaweg, X9*), passing a rest point and outstanding views into Lemgo and the valley from the forest edge. After a steep climb you come back to the tour's starting point, the old observation tower. This tower was constructed in 1880 from old stones belonging to the decayed "Rain Gate" (*Regenstor*), a gate tower that was part of the Lemgo fortification – a true resident of Lippe never throws anything away!



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)

History in action! This circular hiking trail can be travelled in either direction. You can choose to start at either the observation tower or the *Waldfrieden* car park. The trail heads uphill and downhill – sometimes steeply – to reach Lemgo's most elevated location, the *Windelstein* hill (347 m). Forest lovers are certain to enjoy this tour fully: bright deciduous forest intersperses with dark coniferous forest and you can clearly see the differences between the ground cover of both ecosystems. The forest's edge opens up excellent views over Lemgo and the *Begatal* Valley – a perfect moment to take a rest. You can also take time out at the protected hut on the *Windelstein*, the most elevated point of the hike. The *Lemgoer Mark* forest was highly important during the Middle Ages for its wood supplies and location as a pasture for fattening pigs.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



## Leopoldshöhe – always at the height

Large municipality in the west of Lippe | approx. 17.400 residents

Leopoldshöhe, a family-friendly municipality in the west of the Lippe region, lies nestled in the middle of a stimulating landscape between the towns of Bielefeld, Bad Salzuflen, Lage and Oerlinghausen.

Discovering nature and idyllic spots – whether on a walk, hike or bike tour – is always fun and bound to be highly varied here. The *Heimathof Leopoldshöhe* with the interesting museum of local history, and historic estates such as Eckendorf, Hovedissen and Niederbarkhausen – some of which dating back more than 1,000 years – are rewarding destinations.

Good transport connections mean you can get here quickly and the exemplary public transport network means you can maintain flexibility even without a car.



## Highlights in Leopoldshöhe

- home farm *Heimathof Leopoldshöhe*
- estate Hovedissen
- estate Niederbarkhausen with rural fortress
- estate Eckendorf
- Protestant church in Leopoldshöhe

LEOPOLDS  
immer  
auf der... | **HÖHE**

**Tourist Information Leopoldshöhe**  
Council Building  
(*Gemeindeverwaltung*)

Kirchweg 1 | D-33818 Leopoldshöhe  
Tel.: +49 (0)5208 991-0  
Fax: +49 (0)5208 991-111

info@leopoldshoehe.de  
www.leopoldshoehe.de



## Der Heimathof in Leopoldshöhe

The home farm Leopoldshöhe emerged from a former agricultural business. It displays rustic and handcrafted objects from over the last 150 years.

An historic carpenter's workshop, tailor's shop and shoemakers' workshop have been established, and you can also see tools for home slaughter and preparing dairy. Agriculture, with a diverse number of large and small historical machines, occupies a broad space.

One of the museum's highlights is the exhibition on domestic animals – here you have the opportunity to listen to the sounds of around 60 different animals.

The museum's large courtyard also regularly hosts concerts, readings and similar events. Civil wedding ceremonies are also possible in the courtyard. The Leopoldshöhe Registry Office is happy to provide more information about this.

### Heimathof Leopoldshöhe

Zum Heimathof 14 | D-33818 Leopoldshöhe  
Tel.: +49 (0)5208 6167  
[www.heimatverein-leopoldshoehe.de](http://www.heimatverein-leopoldshoehe.de)

Opening hours:  
From February to November,  
by appointment



## Selected Hiking Tours



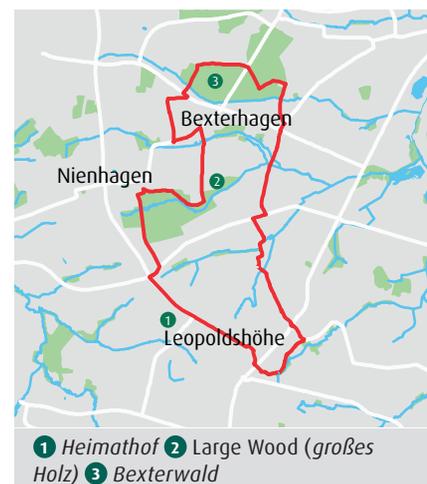
**Hiking trail 1 (Wanderweg 1)**  
10,4 km

Hovedissen – Large Wood – Schuckenbaum – Heimathof

The approximately 10 km long Leopoldshöher „Trail 1“ offers a variety of impressions and views. At first it is about the center Schuckenbaum passing meadows and fields towards the forest area. Crossing a small brook, the path runs between field and forest to the *große Holz*. From there it goes back via Hovedissen towards the starting point.



Find your route online:



**Hiking trail 2 (Wanderweg 2)**  
12,8 km

Hovedissen - Im Pramsiek - Bexterhagen - Bexterwald - home farm

Similar to „Trail 1“, the approximately 12 km long Leopoldshöher „Trail 2“ offers a variety of impressions and views. Through the village we walk through meadows and fields in the direction of the forest, from there we continue through the sprawling fields towards Bexterhagen. Leaving the forest behind us it goes back to *Heimathof* with a clear view.



Find your route online:





## Lügde –

### Town of the *Osterräder* fire

Town in the south-west of Lippe | approx. 10.000 residents

In the middle of the diverse hills between the *Weserbergland* hills and *Teutoburger Wald*, you find the historic town of Lügde, full of little timber houses (*Fachwerkhäuser*), directly next to the “Emmer” creek. With a number of districts and numerous attractions, this little town is an ideal destination for nature lovers, history buffs and families.

Lies excited with its historic city center, which is surrounded by the original city wall. The two city towers and the cozy old town lanes bring history to life.

Lügde is known most of all for its *Osterräder* fire. This centuries-old custom traditionally takes place on Easter Sunday and each year attracts thousands of visitors to Lügde’s gorgeous, historic old town. When night falls, six burning oak wheels, each stuffed with straw, are released from the summit of *Osterberg* to roll down into the valley.

Ideally, you would discover Lügde and its neighbourhoods on a bike tour or hike. Numerous themed trails such as the *BlickWinkel* trail offer you an opportunity to explore Lügde’s stimulating nature.



#### Tourist Information Lügde

Tourist information at the Lügde town hall

Am Markt 1 | D-32676 Lügde  
Fon.: +49(0)5281 770870  
Fax: +49(0)5281 9899870

[touristinfo@luegde.de](mailto:touristinfo@luegde.de) | [www.luegde.de](http://www.luegde.de)  
[www.bluehend-brennend-bunt.de](http://www.bluehend-brennend-bunt.de)

## Highlights in Lügde

- Historic old town with town wall and two fortified towers
- *Osterräder* fire on Easter Sunday
- Leisure oasis at the (*EmmerauenPark*)
- Roman-style St Kilian's Church from 12th century
- Köterberg, most elevated point of Lippe
- former Falkenhagen convent
- Stork colony and 1,000-year-old lime tree in Elbrinxen
- Lügde Myth Trail (*Lügder Mythenweg*) around the *Herlingsburg* remains
- GPS-experience trail *Sagenhaftes Lügde*
- *Kultur im Kloster* – Comedy und Kabarett
- Biesterfeld – former seat of the Lippe-Biesterfeld counts

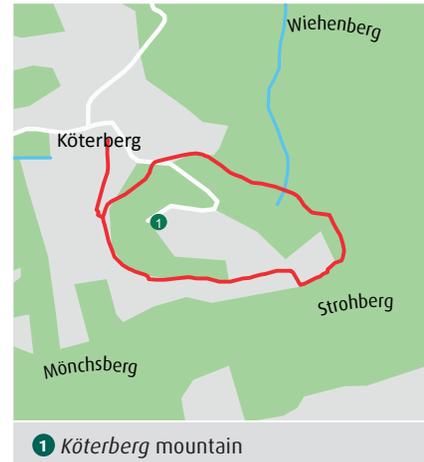


**Myth Trail (*Lügder Mythenweg*) | 5,1 km**

The treasure of a colony of dwarves, the White Virgin or a retreat for the Cherusci – there are many stories and tales that have grown around the area surrounding the ancient Herlingsburg fortress ruins on the plateau of the *Keuperberg* hill, 345 m high. Discover this and other riddles on the *Lügder Mythenweg*. It runs past mythical locations and places of cultural and historical significance all around the Herlingsburg remains. This 5 km long circular trail with majestic panorama views offers exciting spots covered in legends and is equipped with enlightening information boards.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



**Panorama-Tour | 3,8 km**

A fairy tale! The *Panorama Tour* is a circular trail and, on the A1, does a lap of the Köterberg hilltop which, at 496 m, is the most elevated point of the Lippe highlands.

Its impressive view is fascinating and offers a panoramic, unimpeded view into the *Weserbergland* hills and *Teutoburger Wald*, which you can enjoy on the approximately 4 km long trail. Hike through woods and meadows and take a moment to explore the variety of exceptional plant species on offer. Benches are scattered throughout if you wish to take a break.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



**Blickwinkel | 36,5 km**

A hike with a view up, down and around.

This trail has a total length of approximately 36 km. You can also choose to walk a few sections of it instead. There are five different routes, B1 to B5, that have been created for this purpose.

A hiking trail of many facets – the *Blickwinkel* themed trail takes you through the stimulating districts of Lügde, the *Osterräder* fire town. Hike along natural paths and enjoy grand views across the Lippe highlands.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)





## The Oerlinghausen experience

**Lofty, majestic views for first-class recreation**

Mountain town in the west of Lippe | approx. 18.900 residents

Located in Western Lippe, the loveable mountain town of Oerlinghausen extends around the Tönsberg ridge. It has enchanted its guests since the end of the 19th century with the exceptional flair of its historic old town, its heritage-listed, bourgeois houses, craftsman cottages and dry stone walls.

Oerlinghausen offers culture, sport, nature and relaxation in one historic setting – as well as a stunning low mountain range on the edge of the Senne region. The Oerlinghausen Air Sport Centre – an airfield with the most glider take-offs per year worldwide – and the Open-Air Archaeological Museum enjoy great popularity as recreational activities.

Furthermore, Oerlinghausen is part of the Senne Major Conservation Project (*Naturschutzgroßprojekt*) and *Teutoburger Wald* – two majestic, stimulating landscapes. Take a trip to Oerlinghausen – it's worth it!



**Tourist Information Oerlinghausen**

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[www.oerlinghausen.de](http://www.oerlinghausen.de)

## Selected Hiking Tours



### Highlights in Oerlinghausen

- Glider airfield and Air Sport Centre
- Open-Air Archaeological Museum (*Archäologisches Freilichtmuseum*)
- Major Conservation Project and Teutoburger Wald (*Naturschutzgroßprojekt Senne und Teutoburger Wald*)
- Hill Fort (*Wallburg Tönsberg*)
- *Kumsttonne* windmill remain
- Monument (*Lönsdenkmal*)
- Tönsberg (334 m)
- St. Alexander's Church
- Parish Church of St. Michael
- St. Anthony's Chapel
- former synagogue
- jewish cemetery
- Ballooning



- 1 Hassler Sandpit
- 2 Wild horses and forest cattle
- 3 Hügелgräber burial mounds

#### Lizard Trail (*Eidechsenpfad*) - A4 5,9 km

The 5.9 km long Lizard Trail (*Eidechsenpfad*) takes you along rich and varied paths from the Open-Air Archaeological Museum to the exceptional sights of the Naturschutzgroßprojekt Senne und Teutoburger Wald.

Passing the mountain range in the Teutoburger Wald and its hall-like beech woods, the trail leads to the open meadow landscape of the Hassler Sandpit with breathtaking views out into the Sauerland area. After crossing the heath, you reach the forest cattle and wild horses in the beautifully lit woods of the part of the Senne near Oerlinghausen. At the observation spot you have the option of watching the animals and letting the view over the Oerlinghausen Airfield sweep over you. On the way back you will be enamoured of the unique collection of landscapes of *Steinbruch Förth*, which has steep slopes that host grazing goats during the summer.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



- 1 Wild horses and forest cattle
- 2 Stapelager Pass Barricade
- 3 Hügелgräber burial mounds

#### Ox Tour (*Ochsentour*) - A3 12,0 km

The 12 km long hiking trail takes you along the tracks of semi-wild forest cattle and wild horses in the wood pasture area near Oerlinghausen.

Starting at the Open-Air Archaeological Museum (*Archäologisches Freilichtmuseum*), the trail passes over the ridge of the Teutoburger Wald along the open meadow landscape of the Hassler Sandpit and, further, into the pasture area at the foot of the Teutoburger Wald. Here you are up close and personal with grazing animals. You can hike through the pasture areas on signposted trails and, with a bit of luck, there will be nothing standing in the way of a direct interaction with shaggy Scottish highland cattle and rustic Exmoor ponies.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



- 1 *Archäologisches Freilichtmuseum Oerlinghausen*
- 2 *Lönsdenkmal* monument
- 3 *Stapelager Pass Barricade*

#### Tönsbergblicke - A5 | 7,0 km

If you would like a view that stretches into the horizon, the Tönsberg View (*Tönsbergblicke*) in Oerlinghausen is the one for you. This circular trail is one of the oldest hiking trails at the Tönsberg ridge in Oerlinghausen, with fantastic views in all directions of the compass.

You climb up the Tönsberg on small, walled lanes. Just like pearls on a thread, a great number of Oerlinghausen's attractions line this hiking trail. It begins in the old town area containing the old parsonage, parsonage yard, St Alexander's Church and the Jewish cemetery, and continues onto the Tönsberg, which itself features the *Lönsdenkmal*-Monument, several meditation stones, the highest point of the Tönsberg ridge (333.4 m), cenotaph and windmill (*Windmühlenstumpf*) remains.



Find your route online:  
[www.teutonavigator.com](http://www.teutonavigator.com)



## Highlights in Schieder-Schwalenberg

- SchiederSee Recreation Centre with FUNTASTICO family park
- pony farm at SchiederSee
- paper mill *Papiermühle Plöger*
- castle Schieder with park and baroque garden
- Protestant church in Schwalenberg
- Historic Town Hall Schwalenberg
- Night Watchman Tour
- Castle Hill and Town Water hiking trail, interactive and for the family
- Town gallery
- Schwalenberg Castle
- Robert Koepke House

## Schieder-Schwalenberg – Experience culture and recreation in a picturesque landscape

Town in the south-west of Lippe | approx. 10.000 residents

Nature in abundance, localities characterised by timber buildings (*Fachwerkhäuser*) and art and culture with years of tradition have attracted people to our town for time immemorial.

The princes of Lippe built their summer residence here for good reason, creating an extensive park in the middle of this majestic low mountain landscape. The Schieder Lake Recreation Centre (Freizeitzentrum SchiederSee) also has much more to offer than “just” a gorgeous lake view. What’s more, this landscape – full of experiences and views – tempts you to hike and relax.



### Tourist Information Schieder-Schwalenberg

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Fon.: +49 (0)5284 94373794  
Fax: +49 (0)5284 94373795

In Schieder: Guest and Resident Information  
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Fax: +49 (0)5282 601-35

tourismus@schieder-schwalenberg.de  
www.schieder-schwalenberg.de

## Selected Hiking Tours



1 Schwalenberg Castle

### Naturpark-Trail Schwalenberger Forest Nature-Time-Trip (NaturZeitReise) | 27 km

Is there anything more beautiful than hiking through the woods on a sunny day?

Simply being on the road of your own volition, deeply breathing in the fresh air beneath the green leaf canopy, enjoying the sunlight twinkling between the treetops and taking in the variety of the forest with all your senses?

In the minds of many, the forest is still the epitome of nature and wholesomeness even today. Germans in particular have cultivated a fable-like affinity with the forest over generations. However, ignoring the world of fantasy for a moment, the forest also has its own entire history.

The Naturpark Teutoburger Wald | Eggegebirge wishes to tell precisely this story with its "Trip through Time in Nature" (NaturZeitReise) in the Schwalenberg Forest.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



1 Schwalenberg Castle  
2 former painter oak 3 Count views

### Castle Hill and Town Water (Burgberg und Stadtwasser) | 7 km

The Schwalenberg Castle Hill and Town Water (Burgberg und Stadtwasser) themed trail comprises three circular hiking routes with a total length of 7 km.

**Castle Hill Trail A1 (Burgbergweg):** a circular trail around the Schwalenberg Castle, dating back to the 13th century, with a stunning view over Schwalenberg out to the ranges of the *Teutoburger Wald* and *Eggegebirge*. It starts and finishes at the *Volkwinbrunnen* (historic town centre). Exceptional viewing points: "Painter's Oak" (*Malereiche*) and "Count's View" (*Grafenblick*).

**Town Water Trail A2 (Stadtwasserweg):** the Town Water Trail is a circular trail leading beneath the castle and along the Town Water up to the Magdalena Spring (*Magdalenenquelle*). The Town Water seems as if it were flowing uphill. A technological feat for water supply during the Middle Ages.

**Love Trail A3 (Liebesweg):** on the hiking trail leading around the *Dohlenberg* hill, you can enjoy a quiet moment.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



1 Wallburg (archaeological monument)  
2 Kahlenberg Tower, Schieder

### A Lap of the Kahlenberg Tower (Kahlenbergturm) | 3,6 km

Kahlenberg is Schieder's very own, local hill. The Kahlenberg Tower (Kahlenbergturm) found there was constructed and completed in 1840/1841.

There are two hiking trails leading up to the Kahlenberg Tower. If a bit of light climbing is no problem for you, then the shorter route should definitely be your choice. The simpler, more even route is somewhat longer and requires more time.

Once you arrive at the top, you can climb another 102 stairs to enjoy the unique view over the *Teutoburger Wald* and *Eggegebirge* hills in utter tranquillity.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)





## Schlangen –

### A cute municipality by the gate to the *Teutoburger Wald*

Small town in Lippe' south-west, between the Senne and Teutoburger Wald | approx. 9.000 residents

Its diverse, varied landscape gives Schlangen its charm. This municipality lies on the edge of the sandy Senne region and extends from the southern slope of the Teutoburger Wald up to the heights of the mountain chain.

The landscape is distinguished by moors and pine forests as well as spruce and beech trees. Connecting these two quite contrasting landscapes is the broad meadow valley of the Strothebach stream.

In the dry valleys to the east of Schlangen, the blossoming of the corydalis in spring attracts people to visit the area. Also worth a visit are the caves formed in the sandstone, including the *Bielsteinhöhle*, *Hohlsteinhöhle* and *Lukenloch*.



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www.gemeinde-schlangen.de

## Selected Hiking Tours



- 1 Oesterholz-Haustenbeck Hunting castle
- 2 Hügelgräber Bronze Age burial mounds

### S Circular Trail (S-Rundweg) | 21,0 km

Experience the diverse landscape, untouched nature and historical highlights surrounding Schlangen and its neighbourhoods.

The S trail takes you through varied and diverse landscapes and conservation areas to majestic views of the community of Schlangen. This circular trail, circumnavigating Schlangen and its two districts Kohlstädt and Oesterholz-Haustenbeck, offers you a hike through the stand-out, diverse landscape, culture and history of Schlangen. The S trail can be nicely combined with the "Circular Hiking Trails to History Stops" (*Rundwanderwege zu Geschichtsstationen*), which neighbour the S trail at points in the three districts. Here you can expect, for example, a lovingly restored mill, the impressive half-timber structure of the former Oesterholz-Haustenbeck Hunting castle (*Jagdschloss*) or burial mounds from the Bronze Age.



Find your route online:  
[www.outdooractive.com](http://www.outdooractive.com)



### Educational Archaeology Trail in Oesterholz-Haustenbeck | 17,1 km

You will find the Educational Archaeology Trail (Archäologischer Lehrpfad) if you come up the road *Fürstenallee* from Detmold and turn right into the street *Heidestraße*. At the end you will come across the first sign pointing the way to the circular trail across a field of burial mounds from the Bronze Age.

This educational trail was opened in 1982 and shows multiple, still recognisable burial mounds and a cross-section of two reproduced graves. The traces of settlements from 1800 to 700 BCE are a rare archaeological find since there is barely anything comparable from this era in the Lippe and Paderborn regions.

## Highlights in Schlangen

- Educational Archaeology Trail in Oesterholz-Haustenbeck
- GPS experience trails
- Historical, circular hiking trails
- Major Conservation Project and Teutoburger Wald (*Naturschutzgroßprojekt Senne | Teutoburger Wald*)
- Old Kohlstädt castle ruins
- Romanesque steeple with secco painting of St Christopher from 13th century
- Former Oesterholz-Haustenbeck Hunting castle



# Landesverband Lippe

## Das Hermannsdenkmal und die Externsteine



The *Hermannsdenkmal* monument (figure height: 26.57 m, total height: 53.56 m) is the tallest statue in Germany and pays tribute to the Battle of *Teutoburger Wald* in the year 9 CE. The chieftain of the Cheruskans, Arminius (*Hermann*), succeeded in uniting four Germanic tribes and, with them, resoundingly defeated three Roman legions led by the legate Publius Quintilius Varus. As a result, the Romans withdrew from the lands on the eastern side of the Rhine, leaving them un-romanised.

Today the monument commemorates peace and understanding between different peoples, enjoying a status as one of Germany's most popular day trip destinations. More than 500,000 visitors per year come to experience the region's landmark up close and enjoy a far-reaching, 360-degree view of the Lippe region.



The *Externsteine* rock formation is a unique natural and cultural landmark. This characteristic rock formation rises up to 40 metres. The medieval grottos in particular attest to the rich, varied history of these rocks. The relief of Jesus' descent from the cross, believed to have been carved in the Middle Ages, is of historic importance in European culture.

**LANDES  
VERBAND  
LIPPE**



**Landesverband Lippe**

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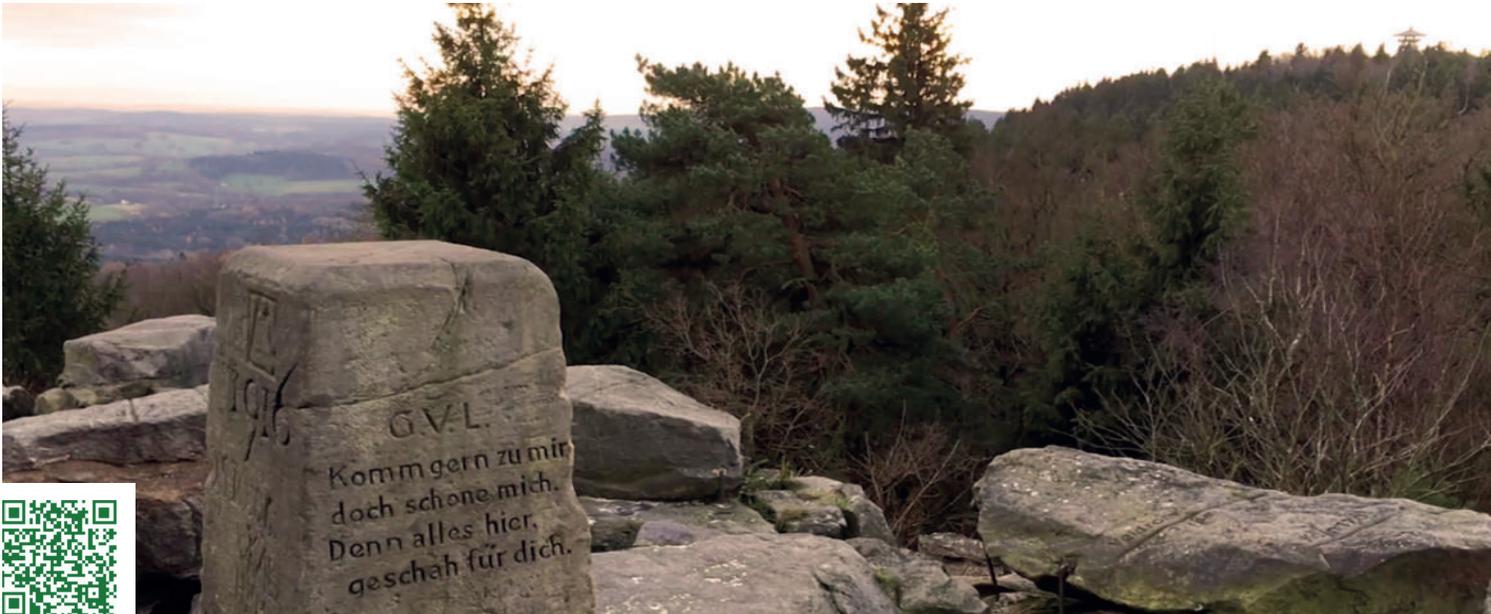
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# Der Naturpark Teutoburger Wald | Eggegebirge

## Naturerleben im Land des Hermann



KinderErlebniswelt Natur

Spread across 2,736 square kilometres, the *Teutoburger Wald | Eggegebirge Naturpark* is one of the largest in Germany and covers an area stretching across Lippe's borders to Bielefeld, Paderborn, into the Sauerland hills and out to the Weser River.

Deep, deciduous forests, gentle hills, wide river landscapes, lonely valleys, exposed cliffs: our region stands out for its multifaceted nature. The mellow highlands that make up the Weser Uplands (*Weserbergland*), the at times steep ranges of the Egge Hills and the sandy ground of the Senne region are part of the rich, diverse landscape.

There's a lot to discover in *Land des Hermann*: the natural environment of the Senne and Teutoburger Wald/Oerlinghausen Major Conservation Project (*NGP*), realised by the nature park in 2004, has been declared by the German Federal Agency for Nature Conservation as one of Germany's 30 hotspots for biological diversity owing to its uniqueness. The cultivated landscape is well-preserved with forest pasture featuring rustic highland cattle and Exmoor ponies.

There are many other conservation areas offering a space for rarer animal and plant species to live.

Discover these natural treasures with exciting, themed trails throughout the nature park. These include the Velmerstot Climate Experience *Klima ErlebnisRoute* certified by the German Hiking Association, and the Trip through Time in Nature *NaturZeitReise* in the Schwalenberger Wald. For younger explorers we also offer fun trails with numerous stops for a special experience or interactive GPS paths through the Children's World of Experience for Nature *KinderErlebniswelt Natur*.



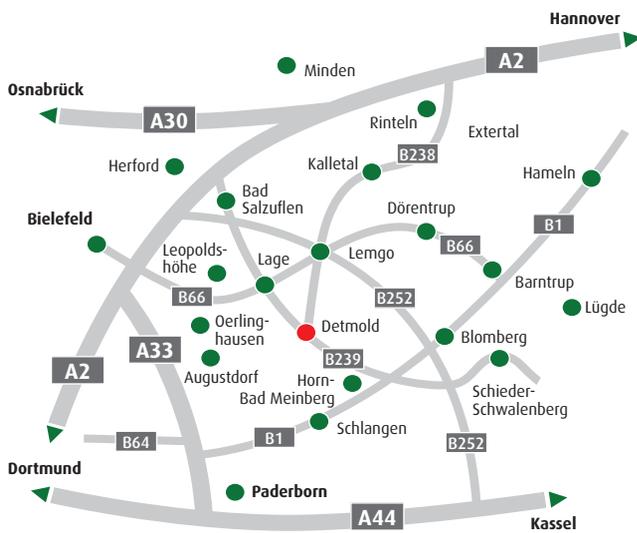
Naturpark  
Teutoburger Wald  
Eggegebirge

### Naturpark Teutoburger Wald

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## Travel to Lippe-Detmold



### Travel by train:

Take the ICE to Bielefeld, Herford or Altenbeken. Change to a regional train (*Regionalbahn*) to "Detmold"-Station. The historic town centre is 10 minutes away by foot. The "Rosental" bus stop is directly adjacent to the pedestrian precinct. Find travel times for bus and train on [www.bahn.de](http://www.bahn.de)

### Travel by car:

A2 Dortmund – Hanover (from Dortmund: Exit 27 "Bielefeld- Zentrum", B66 towards Detmold; from Hanover: Exit 29 "Herford/ Bad Salzuflen", B239 towards Detmold) or A44 Dortmund – Kassel and then A33 towards Bielefeld (Exit 26 "Paderborn-Elsen", B1 towards Detmold). Traffic information at [www.verkehr.nrw](http://www.verkehr.nrw)

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We have provided all information to the best of our  
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